



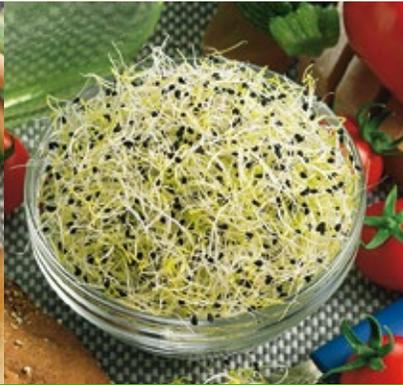
**Seeds by Design**, the name says it all...we are the first production company in the US to offer such a diverse line of vegetable and herb seeds from heirlooms to hybrids, suited for the commercial grower to the home garden trade. We offer more heirloom varieties than any other production company as well as our own line of hybrids, including peppers, tomatoes and vine seeds.

## MICRO GREEN TRENDS



**Red Cabbage Sprouts**

Bright red sprouts are as pretty as they are healthy. Brassica species sprouts contain high levels of cancer fighting agents. Try a mixture of red and green cabbage for a multi colored look.



**Onion Sprouts**

Surprisingly mild onion flavor. Use fresh in sandwiches and salads for allium flavor with no bite. Also try leek sprouts for a slightly sweeter flavor.



**Watercress Sprouts**

One of the mildest and tender sprouts. These green and white beauties are prized for the fresh and juicy flavor. They do not store well but are worth the effort.



**Radish Sprouts**

Used in Asia for years as a garnish and component in many dishes. These sprouts can range in color from white, pink and red. Market a mixture of all three colors if you wish.



**Lettuce Mini Greens**

A colorful mixture of red and green lettuce varieties created these lovely mini lettuce. They are not considered a sprout and not baby leaf, some where in between.



**Broccoli Sprouts**

Broccoli is the king of the brassica sprouting species. This wonderful vegetable features the highest levels of cancer fighting agents we know. They recommend 1-3 tablespoons per day to fulfill your daily needs.



**Upland Cress Microgreens**

Upland cress is the queen of sprouting cress seeds. The miniature leaves are broad and larger than garden or watercress. The bright orange seeds are just a bonus.



**Wheat or Oat Sprouts**

Not only are they healthy for you, they are also for your pets. Many people grow wheat or oat sprouts for their cats and dogs. Eating these dark green shoots aids your digestive system. The next time they ask if you want wheat grass in your smoothy, say yes and take your first step to a healthier life.

**Growers on the cutting edge of today's market trends ask for Seeds by Design when looking for Organic, Heirloom or Hybrid vegetable seeds.**

**4599 Mc Dermott Rd. , P.O. Box 602 Maxwell, CA 95955**

**Phone: (530) 438-2126 Fax: (530) 438-2171 [www.seedsbydesign.com](http://www.seedsbydesign.com)**